

Honey Lavender Ice Cream

Nutrition Facts

3 servings per container

Serving size

2/3cup (151g)

Calories	Per Serving		Per Container	
	280		840	
	% Daily Value*		% Daily Value*	
Total Fat	17g	22%	50g	64%
Saturated Fat	10g	50%	31g	155%
<i>Trans Fat</i>	0.5g		1.5g	
Cholesterol	50mg	17%	155mg	52%
Sodium	120mg	5%	360mg	16%
Total Carb.	31g	11%	93g	34%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	31g		94g	
Incl. Added Sugars	27g	54%	80g	160%
Protein	3g		10g	
Vitamin D	1.5mcg	8%	4.5mcg	20%
Calcium	100mg	8%	310mg	25%
Iron	0.1mg	0%	0.2mg	2%
Potassium	130mg	2%	390mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.