

Brownie

Nutrition Facts

1 serving per container

Serving size 1 Brownie (97g)

Amount Per Serving

Calories 420

% Daily Value*

Total Fat 23g **29%**

Saturated Fat 12g **60%**

Trans Fat 0.5g

Cholesterol 105mg **35%**

Sodium 25mg **1%**

Total Carbohydrate 56g **20%**

Dietary Fiber 4g **14%**

Total Sugars 43g

Includes 43g Added Sugars **86%**

Protein 5g

Vitamin D 0.3mcg **2%**

Calcium 20mg **2%**

Iron 1.6mg **8%**

Potassium 40mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.