

# Very Berry Sorbet

## Nutrition Facts

3 servings per container

**Serving size**

**2/3cup (151g)**

<b>Calories</b>	<b>Per Serving</b>	<b>Per Container</b>
	<b>210</b>	<b>620</b>
	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	0g <b>0%</b>	0g <b>0%</b>
Saturated Fat	0g <b>0%</b>	0g <b>0%</b>
<i>Trans</i> Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	90mg <b>4%</b>	260mg <b>11%</b>
<b>Total Carb.</b>	54g <b>20%</b>	162g <b>59%</b>
Dietary Fiber	1g <b>4%</b>	3g <b>11%</b>
Total Sugars	52g	156g
Incl. Added Sugars	50g <b>100%</b>	150g <b>300%</b>
<b>Protein</b>	0g	0g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	10mg 0%	20mg 2%
Iron	0.2mg 0%	0.5mg 2%
Potassium	40mg 0%	110mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.