

# Vanilla Coconut Non Dairy Frozen Dessert

## Nutrition Facts

3 servings per container

**Serving size**

**2/3cup (151g)**

	<b>Per Serving</b>	<b>Per Container</b>
<b>Calories</b>	<b>270</b>	<b>800</b>
	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	11g <b>14%</b>	34g <b>44%</b>
Saturated Fat	10g <b>50%</b>	29g <b>145%</b>
<i>Trans</i> Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	95mg <b>4%</b>	290mg <b>13%</b>
<b>Total Carb.</b>	42g <b>15%</b>	127g <b>46%</b>
Dietary Fiber	0g <b>0%</b>	0g <b>0%</b>
Total Sugars	40g	121g
Incl. Added Sugars	40g <b>80%</b>	119g <b>238%</b>
<b>Protein</b>	1g	2g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	0mg 0%	10mg 0%
Iron	0.3mg 2%	1mg 6%
Potassium	0mg 0%	0mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.