

Buttermilk Ice Cream

Nutrition Facts

3 servings per container

Serving size

2/3cup (151g)

Calories	Per Serving		Per Container	
	240		710	
	% Daily Value*		% Daily Value*	
Total Fat	12g	15%	36g	46%
Saturated Fat	7g	35%	22g	110%
<i>Trans</i> Fat	0g		1g	
Cholesterol	40mg	13%	115mg	38%
Sodium	160mg	7%	470mg	20%
Total Carb.	31g	11%	93g	34%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	31g		92g	
Incl. Added Sugars	27g	54%	80g	160%
Protein	3g		9g	
Vitamin D	1.3mcg	6%	3.9mcg	20%
Calcium	100mg	8%	290mg	20%
Iron	0.1mg	0%	0.2mg	2%
Potassium	120mg	2%	360mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.